

VRC 4-DAY SUMMER LEADERSHIP CAMP Schedule 2026

WHEN

Tuesday, August 4 - Friday, August 7
9 AM - 3 PM (Full day Friday, til 5 PM)

WHERE

At Vision Resource Center, 2736 Cedar Creek Road. Fayetteville, NC 28312

Day 1 | Creativity & Self-Expression

- 9:00 – 10:00 Morning Circle and Chair Exercises
- 10:00 – 12:00 Sensory Activity: Sculpt Party (Clay)
- 12:00 – 12:30 Lunch
- 12:30 - 1:30 Music and Painting Activity
- 1:30 – 2:00 Team Games (Accessible and Inclusive)
- 2:00 – 3:00 Guided Dance Party and Reflection Circle

Day 2 | Discovery and Life Skills (STEAM Day)

- 9:00 – 10:00 Welcome Circle and Chair Exercises
- 10:00 – 12:00 Sensory Activity: Gardening Activity (Planting)
- 12:00 – 12:30 Lunch
- 12:30 – 1:30 Music and Painting Activity: Sketching Nature Sounds
- 1:30 – 2:30 Story Time and Relaxation with Guided Movements
- 2:30 – 3:00 Reflection Circle

Day 3 | Belonging & Social Connection

- 9:00 – 10:00 Welcome Circle and Chair Exercises
- 10:00 – 12:00 Music and Painting Activity: Tie-Dye T-Shirt Activity (Tactile Art)
- 12:00 – 12:30 Lunch
- 12:30 – 2:00 Sensory Activity: Games
- 2:30 – 3:00 Preparation for Field Trip and Reflection Circle

Day 4 | Full Day Field/Fun Experience

Location: Raven Rock State Park

- 9:00 – 10:00 Travel and Orientation
- 10:00 – 11:30 Guided Sensory Nature Walk
- 12:00 – 12:45 Picnic Lunch and Social Time
- 12:45 – 2:45 Team Canoe
- 2:45 – 4:45 Lake Fun

FOR QUESTIONS

Contact our Community Engagement and Outreach Specialist

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